



Hilltop Invitational

Saturday, January 25th

OFFICIAL TIME SCHEDULE

FIELD EVENTS

11:00am	Pole Vault	Women followed by Men
11:00am	High Jump	Women followed by Men
11:00am	Long Jump	Men followed by Women
*After LJ	Triple Jump	Men followed by Women
11:00am	Weight Throw	Women followed by Men (South Ring/Cage)
	Shot Put	Men (South Ring/Cage after men's Wt Throw)
	*Women's Shot Put: <u>North Ring</u> at the conclusion of Women's Wt Throw	

RUNNING EVENTS

1:00pm	4x800m Relay	W	
1:15pm	4x800m Relay	M	
1:25pm	5,000m Run	W	
1:50pm	5,000m Run	M	
2:10pm	Sprint Medley Relay	W	*(200-200-400-800)
2:15pm	Sprint Medley Relay	M	*(200-200-400-800)
	*60m Hurdle	W	*No Women's Prelim *Only 6 entries
2:25pm	60m Hurdle	M	Prelims (8 fastest times qualify for Final)
2:30pm	60m Dash	W	Prelims (8 fastest times qualify for Final)
2:45pm	60m Dash	M	Prelims (8 fastest times qualify for Final)
3:05pm	Mile Run	W	
3:20pm	Mile Run	M	
3:50pm	60m Hurdle	W	Final (1 heat timed final)
3:55pm	60m Hurdle	M	Final (2 heats) [Heat 1:5 th -8 th qualifier, Heat 2:1 st -4 th qualifier]
4:00pm	60m Dash	W	Final (2 heats) [Heat 1:5 th -8 th qualifier, Heat 2:1 st -4 th qualifier]
4:05pm	60m Dash	M	Final (2 heats) [Heat 1:5 th -8 th qualifier, Heat 2:1 st -4 th qualifier]
4:10pm	400m Dash	W	
4:25pm	400m Dash	M	
4:40pm	200m Dash	W	
4:50pm	200m Dash	M	
5:10pm	800m Run	W	
5:20pm	800m Run	M	
5:30pm	3,000m Run	W	
6:00pm	3,000m Run	M	
6:35pm	4x200m Relay	W	
6:40pm	4x200m Relay	M	
6:45pm	4x400m Relay	W	
6:50pm	4x400m Relay	M	